



## Cheer Loud, Eat Hearty

Nearly a quarter of a million people will line 26.2 miles of Houston streets on Sunday morning, January 17, 2010, for the 38<sup>th</sup> running of the Chevron Houston Marathon. They will dance, sing, jump up and down, wave signs, and cheer loudly to encourage the 30,000+ race participants – providing the much appreciated support that runners rank as crucial. And with all that cheering, you are sure work up a hearty appetite!

If you are lucky enough to live along the course route, you may be one of the many who annually hosts brunch/pep rallies for family and friends. Other veteran supporters stake out the same spot each year and arrive armed with all the basics – coffee, juice, bagels and more – to survive the several hours of shouting and cheering. But for those new to the art of marathon watching, choosing the perfect spot to watch the race *and* enjoy a great breakfast or brunch can be almost as challenging as the thought of running the race yourself.

Whatever your tastes, budget or location of choice along the course, the food critics of the Houston Marathon Committee have developed a list of top “hot spots” to fuel and refuel on race morning. All times are based on a 7:00 a.m. gun start time of the first wave and a 7:10 a.m. start time of the second wave.

### HEIGHTS AREA:

Mile 3-5 (front of pack arrives: 7:21 a.m., pack: 7:36 a.m.)

**11<sup>th</sup> Street Café**, 748 East 11<sup>th</sup> St. at Studemont, 713-862-0089

This local charmer will serve breakfast on race morning, including its famous biscuits. Grab a bite and cheer on the runners! Opens at 8:00 a.m.

**Antidote Coffee**, 729 Studewood, 713-861-9423

Opens at 6:30 a.m. ready to serve up a hot cup of coffee and a tasty breakfast. Wi-Fi also available.

### MONTROSE AREA:

Mile 7-9 (front: 7:37 a.m., pack: 8:03 a.m.)

**Christy's Donuts**, 1103 West Gray @ Montrose, 713-524-4005

Watch the race with a fresh, hot bear claw in your hand. Opens at 6:00 a.m. on race day.

**El Tiempo 1308 Cantina**, 1308 Montrose, 713-807-8996

Cheer loudly after stopping into this hotspot for some yummy Mexican breakfast! Opens at 9:30 a.m.

**Diedrich's Coffee**, 4005 Montrose, 713-526-1319

Stop by and grab a warm cup of java, sit on the patio and watch the runners go by. Opens at 7:00 a.m. on race day.

**Inversion Coffee**, 1953 Montrose at Willard, 713-523-4866

Stop by this funky coffee house for an energy boost. Be sure to take a peak at their featured artists display. Doors open at 7:30 a.m.

**Starbucks**, 3407 Montrose at Hawthorne, 713-521-7278

## **RICE VILLAGE AREA:**

Mile 11.5 (front: 7:58 a.m., pack: 8:39 a.m.)

### **Croissant Brioche French Bakery**, 2435 Rice Blvd., 713-526-9188

This charming café offers French pastries and decadent drinks. Get a touch of Paris while watching the runners pass by. Opens at 7:00 a.m.

### **La Madeleine**, 6205 Kirby, 713-942-7081

Another classic French favorite serving up hearty breakfast crepes and pastries. Doors open at 6:30 a.m.

### **Crossroads Coffee**, 2531 University Blvd., 713-526-7262

Need to wake up with a hot cup of coffee before the runners arrive? A big marathon fan, Crossroads Coffee will have fresh coffee brewing at 6:30 a.m. Enjoy a variety of coffee, tea or sweet European style crepes.

### **Starbucks Coffee**, 2520 University Blvd., 713-529-1571

Want to claim your cheering spot early and still get a fresh cup of brew? Starbucks begins serving at 6:00 a.m. and will have enough coffee to keep you going through race end.

### **Jamba Juice**, 2506 University Blvd., 713-529-3225

“Jamba,” or celebrate, on race day with a fruit smoothie, freshly squeezed juice or high-nutrition snacks. Opens at 8:00 a.m.

### **Two Rows Restaurant & Brewery**, 2400 University Blvd., Second floor, 713-529-2739

Had enough coffee? Seen the runners fly by? Head on over to Two Rows for lunch and catch the latest sports action on its many big screen televisions. Opens at 11:00 a.m.

Mile 13 (front: 8:09 a.m., pack: 8:57 a.m.)

### **Einstein Brothers Bagels**, 5525 Wesleyan, 713-668-4190

Set up along Wesleyan and enjoy fresh bagels and your favorite toppers while watching runners head toward the dreaded Westpark hump (Westpark at Newcastle near Southwest Freeway), the highest spot on the course. Bagels start at 7:00 a.m.

### **Skeeters Mesquite Grill**, 5529 Wesleyan, 713-660-7090

Take a seat on the patio and watch the runners go by. Breakfast is served at 8:00 a.m.

### **Starbucks (inside Randall's)**, 5586 Wesleyan, 713-668-9820

### **Camille's Sidewalk Café**, 5568 Wesleyan, 713-838-1884

Opens at 9 a.m.

## **GALLERIA AREA:**

Mile 16 (front: 8:25 a.m., pack: 9:24 a.m.)

### **Berryhill Tamales**, 1717 Post Oak Blvd., 713-871-8226

Show some excitement and encourage the runners with a fiesta at the corner of Post Oak and San Felipe. Berryhill offers some of the city's best tamales and Mexican food including breakfast tacos and their special crab cakes. Opens at 9:00 a.m.

### **Hilton Houston Post Oak**, 2001 Post Oak Blvd., 713-961-9300

Satisfy the hearty appetite you worked up by enjoying the wonderful brunch at the Hilton from 11:30 a.m. to 2:30 p.m. With more than 130 items to choose from, there is something for everyone!

## **GALLERIA AREA (con't):**

**Starbucks**, 2521 Post Oak Blvd., 713-621-7685

Starbucks' handcrafted beverages and fresh foods are a great race morning pick-me-up. Open 24 hours.

**Jamba Juice**, 2515 Post Oak Blvd., 713-850-1089

Jamba Juice promises to be an extraordinary health experience unlike any you've ever tasted! They will serve delicious, nutritious, energizing smoothies and juices on race day. Opens at 9:00 a.m.

**Kenny & Ziggy's**, 2327 Post Oak Blvd., 713-871-8883

This New York deli serves Big Apple inspired breakfast for all! Opens at 8:00 a.m.

Mile 17 (front: 8:31, pack: 9:33)

**Starbucks Coffee**, 5161 San Felipe, 713-626-2975

Starbucks has plenty of aromatic coffee – caffeinated and otherwise – to help jumpstart your enthusiastic spirit. Serving begins at 7 a.m. but don't expect the first runners at this part of the course until about 8:20 a.m.

## **MEMORIAL PARK AREA:**

Mile 21 (front: 8:53 a.m., pack: 10:09 a.m.)

**Beck's Prime at Memorial Park Golf Course**, 713-863-8188

Just a jaunt off Memorial along the Memorial Park jogging trail is Beck's Prime. Grab a breakfast sandwich and set up your own cheering group along Memorial. Opens at 6:00 a.m.

Mile 22 (front: 8:58 a.m., pack: 10:18 a.m.)

**Starbucks**, 5525 Memorial, 713-861-7654

Starbucks purchases and roasts high-quality whole bean coffees and sells them along with fresh, rich-brewed, Italian style espresso beverages and a variety of pastries. Grab one of these tasty treats on Mile 22. Opens at 6:00 a.m.

**Kolache Factory**, 5535 Memorial, 713-880-2253

Kolache Factory bakers will arrive hours before the sun comes up to prepare for the marathon breakfast rush. They will be serving golden pastries stuffed with a variety of ingredients from fruit to eggs and meat. Open from 6:00 a.m. to 2:00 p.m.

**Bibas Greek Pizza**, 5526 Memorial, 713-861-2266

The runners have hit "the wall" and downtown is in sight. This is the perfect spot to enjoy a wonderful Sunday lunch and encourage the thousands of runners who are near to meeting one of their major goals for the New Year. Open 24 hours from Thursday to Sunday.

**Los Cucos Mexican Café**, 5535 Memorial, 713-861-7883

Take a break from cheering, and enjoy a delicious Mexican breakfast! Opens at 11:00 a.m.

**Sunrise Taquito**, 5601 Memorial Dr, 713-880-5959

This famous diamond in the rough serves up hot breakfast taquitos beginning at 7:00 a.m. Sunday morning.

**Smoothie King**, 5535 Memorial, 832-673-0101

Refuel your energy with a delicious smoothie. Smoothie King offers up fresh blended drinks with vitamins, herbs and minerals. Perfect treat for race day! Opens at 9:00 a.m.

## **DOWNTOWN:**

Mile 25 (front: 9:14 a.m., pack: 10:45 a.m.)

**Four Seasons Hotel**, 1300 Lamar, 713-650-1300

For a bird's eye view of marathon festivities, try breakfast or lunch in the Quattro Restaurant. Relax in the comfort of the Four Seasons Hotel and enjoy a wonderful meal. Opens at 7:00 a.m.

**The Grove**, 1611 Lamar, 713-337-7314

One of Houston's newest fine restaurants, The Grove offers plenty of outdoor seating for your viewing pleasure. Opens at 11:00 a.m.

**Hilton Americas Houston**, 1600 Lamar, 713-739-8000

This is the perfect vantage point after watching the finish. The Café serves breakfast and lunch.

**Hyatt Regency**, 1200 Louisiana, 713-654-1234

The Hyatt Regency Downtown opens their lobby café at 6:30 a.m. on race day. Grab a bagel and a warm beverage to see the runners off to the finish!

**McDonald's**, 808 Dallas, 713-651-9449