

Headphone Policy Update

In December 2008, USA Track and Field modified its rule banning the use of portable listening devices on all USATF sanctioned courses by limiting its applicability to participants eligible to win awards, medals and/or prize money.

Despite the modification of the rule, the Houston Marathon Committee, Inc. strongly encourages all participants in the Chevron Houston Marathon, the Aramco Houston Half Marathon and the EP5K to not use these devices because of the risk that the devices will impair the ability of users to be alert to events occurring in close proximity to them.

If you choose to bring a portable listening device with headphones or earbuds on the course, we ask that you be aware of your surroundings and be courteous to your fellow runners. Please adjust the volume carefully, bearing in mind that you otherwise might not be able to hear runners coming up behind you, instructions from race officials or the approach of emergency vehicles.